



Mount Notre Dame Community Service Program



Service Leadership Board

Audrey Farlow '20 • Zoey Harig '20 • Emma Campbell '21 • Ashley Elma '21
Elora Dodds '20 • Jessica Mitsch '20 • Sophia Germano '21 • Emma White '21

MND's Community Service Program offers a myriad of opportunities for students to learn about the important things in life (which are not *things*). Although we have NO yearly service-hour requirement at Mount Notre Dame, a large percentage of the student body participates in some dimension of our program each year. We value new ideas shared by students, believe in developing student leaders, and welcome parents and friends to join us for our events and trips. All of our programs are rooted in the Hallmarks of the Sisters of Notre Dame de Namur.

Year-long Service Programs

All Year-Long programs require registration (some are limited) and a minimum level of commitment. All programs are student-led and the leaders establish attendance policies, coordinate activities and manage all aspects of the program in conjunction with the Service Leadership Board.

St. Vincent de Paul Conference

MND is proud to have one of Cincinnati's few school-based St. Vincent de Paul Conferences. We hold monthly meetings, participate in home visits with the Cathedral Conference, offer pantry assistance, bed deliveries, rent and utilities assistance, and more. We also partner with SVDP through our annual Food Drive, assist with the Teepe Family Christmas Tree deliveries and host an Angel Toy Shop in December.



Program Leadership Team

Leaders: Alyssa Hoffman '21 & Olivia Wolfzorn '21
Conference Board: Clara Leder '22, Madelyn Meder '20,
Emma Mitsch '20, Alyssa Simmons '20
Service Board Liaison: Elora Dodds '20

Opening Minds Through Art

MND partners with Brookwood Retirement Community to bring awareness to



dementia while focusing on the abilities older adults still have through a fun inter-generational environment. OMA was developed through Miami University's Scripps Gerontology Center, and students participate in eight weekly art sessions with the resident artists. The concludes with an end of the year art show. There is also an opportunity to bring the art to city events.

Program Leaders

Isabella Geraci '20, Maddi Evans '20, Michelle Dickert '20 & Maria Dickert '20
Service Board Liaison: Emma Campbell '21

The BeYOUtiful Program

MND partners with The Children's Home of Cincinnati Autism Services where we work side-by-side with the high school students through monthly activities, monthly service projects, dances and prom, and more.



Program Leaders

Grace Brecht '20 & Jessica Mitsch '20
Service Board Liaison: Jessica Mitsch '20

Ronald McDonald House

The "Taste of Hope" meal program ensures that the families have ready-to-eat meals available, thus taking away the worry of providing food for their family. MND visits to cook and serve lunch or dinner for families staying at Ronald McDonald House.



Program Leaders

Olivia Doll '20 & Allie Gardner '22
Service Board Liaison: Audrey Farlow '20

Reach for the Stars

MND students mentor girls in middle school grades at St. Michael's School in Sharonville. Program focus is on leadership and character-building activities. Weekly themes include setting goals, learning manners, developing healthy habits (eating & fitness), dealing with peer pressure, and friendship.



Program Leaders

Addy Werling '20 & Ella Schlichter '21
Service Board Liaison: Jessica Mitsch '20

Sisters Helping Sisters

Sisters Helping Sisters connects the MND sisterhood of young women with the Sisters of Notre Dame de Namur. Students stroll with the Sisters by walking them around the property, help them learn technology, provide birthday greetings, assist with birthday parties, and more. We are honored to serve the ladies who have dedicated their lives to serving others.



Program Leaders

Jules Jefferson '20 & Emily Schaeper '20
Service Board Liaison: Ashley Elma '21

Winton Place Youth Center

Winton Place Youth Center provides after school programming for students from the Winton Hills area. MND student volunteers provide one-on-one tutoring and mentoring with at-risk young people. Great relationships develop!



Program Leaders

Brittany Charles '20 & Bettina DeLuca '20
Service Board Liaison: Sophia Germano '21

Paws for a Purpose

Paws for Purpose brings joy and happiness to older people through visits from MND students and our four-legged friends - our family dogs. Participants take their dogs to visit the elderly living in retirement communities, nursing homes and other facilities that could benefit from a visit from a furry friend.



Program Leaders

Emily Lambert '21 & Emily Mechley '21
Service Board Liaison: Emma Campbell '21

Caring Cougars Team

The Caring Cougars Team is a group of students open to trying a variety of new activities - both ones that the leaders schedule and those opportunities that get emailed to us from non-profit organizations in need of help! Students who register for the Caring Cougars team receive email invitations to participate in a variety of activities throughout the year.



Program Leaders

Anna Heilers '21 & Heather Schwab '21
Service Board Liaison: Zoey Harig '20

Respect 4 Life

Mount Notre Dame's Respect for Life (R4L) promotes the belief in the sanctity and inherent dignity of all human life from conception until natural death. We educate members and the MND community on different topics of human injustice and then organize service activities related to those topics.



Program Leaders

Rose vonErden '21 & Stephanie Schaller '21
Service Board Liaison: Zoey Harig '20

Environmental Action Team

EAT works to educate, act, and raise awareness for the environmental concerns in the world today. We hope to educate the MND community on how to reduce their carbon footprint and be more eco-friendly while providing service as needed to our community.



Program Leaders

Kelly Kendall '20 and Jillian Ruffner '22
Service Board Liaison: Jessica Mitsch '20

Freshman After School Service Team

The Freshman After School Service Team is a group of 9th graders at MND. Student-leaders organize a series of after-school service-learning activities. Projects could include making t-shirt bags for St. Vincent de Paul, writing letters of support for Vivian's Victory and our first responders and troops, and helping other organizations as needs arise.



Leadership Team

Tara Konkoly, Spencer Marvel, Colleen McKenna, Diara Shaw, Alana Tucker and Paige Powers (all 2023)

Adopt A Sis

MND students to develop relationships with Sisters of Notre Dame de Namur living in the convent adjacent to the school and in surrounding neighborhoods. These connections between multi-generational friends provide never to be forgotten experiences. It is truly wonderful to witness what happens when generations intermingle and share themselves with each other.



Program Leaders

Anna Heilers '21 & Heather Schwab '21
Service Board Liaison: Elora Dodds '20

Big Sis Little Sis

Big Sis Little Sis is a program that pairs MND students one-on-one with a middle school student from Winton Hills Academy, Reading Middle School. Bigs and Little get together once a month for a group activity – a service project, a visit to the Cincinnati Zoo, etc.



Program Leaders

Kamille Harris '20 and a team of students
Service Board Liaison: Emma White '21

Youth Philanthropy Council / Magnified Giving

Philanthropy, literally meaning "love of humanity", is alive and well at MND, and we are proud to be a regional leader in educating the next generation of philanthropists! MND YPC is a student-led organization committed to learning about philanthropy and the role it plays in a healthy and vibrant community. Over the past fourteen years, MND's YPC has granted over \$85,000 to local, regional, and national organizations.



MND's YPC program is the foundational program upon which the local non-profit Magnified Giving was born. Magnified Giving now supports 100+ schools in the tri-state area who do what we do – research and grant money to local non-profits. MND students play a role in supporting these schools.

Student Leaders: Grace Brecht '20, Ashton Crouthers '20, Julia Feldmann '20 and Addy Werling '20

One-Time Programs & Big Events

One-Time Programs and Big Events are open to all students. Registration information will be sent prior to each activity and event. Many of these programs also need parent volunteers.

Freshman Service Days Summer & Fall

Freshman Service Days are big events geared towards helping members of the freshman class bond while making a difference in our community. These events are offered the summer prior to their arrival at MND and the fall of their freshman year. Recent project locations include Gorman Heritage Farm, Greenacres, and Cincinnati Parks. *Student Leaders are selected a few months prior to the event.*



Sophomore Service Day Spring

Sophomore Service Day is a one-day service event planned by members of the sophomore class. It is designed for students to make new connections, to provide a service to the community and to learn about some of the non-profit organizations that serve our community. *Student leaders are selected a few months prior to the event.*



Christmas Toy Drive & Toy Shop November / December 2019

Partnering with SVDP's Angel Toy Program, MND collects new toys and distributes them to families in need at our Toy Shop at MND. Families in need register through SVDP shop for toys for their children at our shop. About 80 student and parent volunteers run the program each year. *Student leaders are selected to coordinate and lead the toy shop each year.*



Mount Notre Dame &
St. Vincent de Paul
CHRISTMAS TOY SHOP
SAT, DEC. 7, 2019

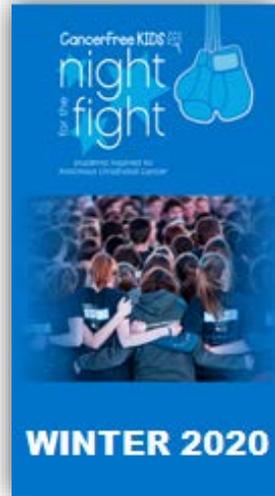
Christmas Giving Tree Deliveries December 2019

In partnership with Mount Notre Dame | Teepe Family Foundation St. Vincent de Paul and the Teepe Family Foundation, MND families are given the opportunity to deliver 100 small Christmas trees, each decorated with \$400 in gift cards, to neighbors in need. Over the past few years we have delivered over \$80,000 in gift cards to hundreds of families needing a boost during the Christmas season.



Night For The Fight February 8, 2020

N4TF is a 12-hour overnight, pediatric cancer fundraising event designed by high school students for high school students. This fun event inspires and educates participants about pediatric cancer and the importance of research. Founded in 2012 by a team of MND students and adults, this event has inspired thousands of students and raised over \$1,000,000 for pediatric research. Now in our eighth year, the event is now led by a leadership team of students from dozens of high schools. This year we expect over 1600 students and to raise nearly \$300,000 for research!



Event leaders are chosen by CancerFree KIDS. MND leaders are chosen a few months prior to the event.

Crosstown Packout @ ACHI Fall 2019 / Fall 2020

MND student leaders were excited to create this new awareness event with A Child's Hope International, sponsored by Chick-Fil-A. Teams of students from various Cincinnati high schools compete to pack the high-protein meals during the eight-hour event. Participants learn about worldwide childhood hunger, access to clean water, and other difficulties millions of children around the world face every day. This year, 90 MND student participants and a MND student-leaders, along with 40 students from other schools, packed 170,000 meals and enough water filtration packets to purify thousands of gallons of drinking water. The future looks bright for this new event!



Food + Drive for St. Vincent de Paul Spring 2020

MND partners with St. Vincent de Paul to collect food and personal care items for our neighbors in need. The items we collect help our neighbors in Reading and throughout the city, and are shared with Sr. Therese Delgenio SNDdeN who serves people in need at Our Daily Bread Soup Kitchen.

Student leaders are chosen from the St. Vincent de Paul Conference membership.



Want to learn more?

Visit

www.mndhs.org/service

Contact

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Service Immersion Trips & Urban Plunges

These experiences are open to all students who may participate multiple times during their years at MND.

Liberty, KY Service Trips

Fall, Spring, Summer + Christmas visit

Liberty is a small town tucked into the hills of central Kentucky and the trip is a way to escape to learn about simplicity. It is a chance to get in touch with nature and the beauty and challenge of growing food organically and an opportunity to spend time with people who not only love God, but live their faith every moment of every day. Liberty is a place to serve others, grow closer to your friends, make many new friends, and laugh and enjoy life. It is an opportunity to meet some people from around the world with life stories that will stretch your mind. Participants learn about organic farming, spend time with some Mennonite and Amish friends, help with construction projects, listen to live music, serve elderly and differently-abled friends at the Galilean Children's Home, and much more. *Student leaders are selected from students who've participated in multiple trips.*



St. Vincent de Paul Urban Plunge

January 2020 and July 2020

The St. Vincent de Paul Urban Plunge is a multi-day service immersion experience in downtown Cincinnati. It is a great way to

learn about our wonderful city, to come face-to-face with the challenges people experiencing poverty deal with, and to discover how we, as Catholic Christians, can respond to these challenges. Participants stay at the Ozanam Center for Service Learning located at SVDP's local headquarters on Bank Street in the West End. During the participants student learn about Catholic Social Teaching, participate in some of the good work that St. Vincent de Paul provides for our neighbors in need, listen to guest speakers, perform service, visit non-profit agencies, pray, reflection, bond as a group, and much more. *Student leaders are selected from the returning participants.*



Columbus OH RTNI Urban Plunge

January 2020 / June 2020

This experience is a multi-day overnight trip in Columbus. We spend our time with Aaron and Emily Starr and serving at their ministry, rooted in the Milo-Grogan neighborhood. We spend time with the children and teens served by the Starrs, host Jesus Fun Days, play games, do housing rehab, perform service in the community, and share our lives with through music and prayer. On Sunday we typically attend mass at the Neuman Center on Ohio State University's campus.



CRISPAZ Delegation – El Salvador

June 2020

MND partners with Moeller for this unique 8-day immersion experience with CRISPAZ – Christians for Peace in El Salvador.



During the trip participants learn from the Salvadoran people about their lives, histories and hopes for the future. A major focus of the encounter is to reflect on the meaning of working for charity, understanding one's role as a global citizen and humanizing the different issues that are present in our societies.

