

# June 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8 Conditioning 5:30-8p	9 Conditioning 4-6:30p	10	11 Conditioning 4-6:30p	12	13
14	15 Conditioning 5:30-8p	16 Conditioning 4-6:30p	17	18 Conditioning 4-6:30p	19	20
21	22 Conditioning 5:30-8p	23 Conditioning 4-6:30p	24	25 Conditioning 4-6:30p	26	27
28	29 Conditioning 5:30-8p	30 Conditioning 4-6:30p				

# July 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6 Conditioning 5:30-8p	7 Conditioning 4-6:30p	8	9 Conditioning 4-6:30p	10	11
12	13 Conditioning 5:30-8p	14 Conditioning 4-6:30p	15	16 Conditioning 4-6:30p	17	18 Summer Buddy Workout Triple Crown
19	20 Conditioning 5:30-8p	21 Conditioning 4-6:30p	22	23 Conditioning 4-6:30p	24	25 Summer Buddy Workout 4 miles AFAP
26	27 Conditioning 5:30-8p	28 Conditioning 4-6:30p	29	30 Conditioning 4-6:30p	31	

Tryouts: August 3rd & 4th from 6-9PM @ MND. **Tryouts are mandatory.**