

# Make incredible happen!



When Sisterhood Inspires Success



**MOUNT  
NOTRE DAME**  
*Empowering Young Women*

# When sisterhood inspires success.

EDUCATING  
YOUNG WOMEN  
SINCE

**1860**

**10,000+  
ALUMNAE**

## **Our Mission**

Guided by the Catholic faith and Saint Julie Billiart's belief in the goodness of God, Mount Notre Dame educates and empowers young women to recognize and develop their unique capabilities to learn, live, lead and serve.

## **Our Vision**

Mount Notre Dame – an exceptional Catholic, college-preparatory high school – will be recognized for graduating young women who are empowered to transform the world.





# Our Students

## Welcoming Atmosphere

We embrace the gift of diversity in our students' academic levels, as well as ethnic, religious, and socioeconomic backgrounds. We offer a friendly environment and a nurturing community for our students.

## The Notre Dame Learning Community Advantage

Established in 1860 by the Sisters of Notre Dame de Namur, Mount Notre Dame is one of Cincinnati's oldest all-female Catholic schools. MND belongs to the worldwide Notre Dame Learning Community with 124 schools in the United States, England, Scotland, Guatemala, Congo, Zimbabwe, South Africa, China, Japan, Italy, Kenya, Nigeria, Brazil, Peru and Nicaragua.

Our dedicated faculty and staff continue to follow St. Julie Billiart's directive – "Teach them what they need to know for life" – through rigorous academics, opportunities for personal growth and a values-based Catholic education.

## Our Campus

We maintain a strong commitment to providing quality facilities for our students. Our campus features a state-of-the-art Performing Arts Center, a contemporary Tech Center that supports our cutting edge technology, newly remodeled laboratory classrooms, ample safe, off-street parking for students, and one of the top outdoor athletic complexes in the region.

**650**  
AVERAGE  
ENROLLMENT

**70+**  
DIFFERENT  
ZIP CODES

**110**  
GRADE SCHOOLS  
REPRESENTED

**100%**  
OF OHIO STUDENTS ARE  
ELIGIBLE FOR  
SCHOLARSHIPS/  
FINANCIAL AWARDS  
TOWARDS TUITION



## ACADEMICS

# Partnering tradition with innovation

At Mount Notre Dame, we are experts in educating young women. Our college-preparatory learning environment promotes experiential learning, celebrates intellectual risk-taking and encourages students to become problem solvers.

We encourage each student to reach her greatest potential by providing her with a personalized learning experience. We offer four academic course levels to meet the needs of each student.

- Advanced Placement®/College Credit Plus
- Honors
- College Prep Extra
- College Prep

### Block Scheduling

Academic instruction is enhanced through our collegiate-style block scheduling. We utilize a block schedule to help ease the transition from high school to college scheduling. In our A/B Block schedule, classes meet on an alternating day rotation, allowing students a day between classes to complete homework, ask questions and prepare for tests. In addition, longer classes allow more time for collaboration, class projects, test-taking as well as laboratory and artistic work.

C Days are academic days that may include a variety of additional experiences such as sisterhood bonding time, mass and prayer services, presentations, service projects, goal assessment, pep rallies, career exploration seminars and individual student check-in time.







## Premier Programs

### Billiard Scholar Program

This advanced academic program inspires students to grow by engaging them through real-world experiences and challenging them to think beyond the classroom. Freshmen selected for this program will receive a monetary scholarship and enroll in Honors English, Honors Math, Honors Biology and AP Human Geography.

### My Action Plan (MAP)

Our unique four-year MAP Program allows each student to develop her individual capabilities to learn, live, lead and serve. Each student is paired with a staff member MAP guide who welcomes her into the community, assists her in the transition to high school and invites her to begin her path to empowerment. Each grade level focuses on a different aspect of the MND mission, culminating in the Senior Capstone.

### Road To College

The Road to College is a partnership between MND, our students and parents/guardians that begins on the first day of a student's freshman year. Our counselors offer a personalized approach that ensures each student arrives at her best destination following graduation.

## Student Services

### Counseling

Our four full-time M.Ed licensed counselors design and implement a comprehensive counseling program for students. By partnering with students and families for the four-year journey, counselors cultivate relationships where each individual is empowered to balance her educational goals and the growing need for independence with the demands of school, family and friends. With a continued commitment to mental health wellness, we also provide a full-time M.Ed social worker with LISW credentials, who provides additional support and programming for students. In addition, our testing coordinator serves the needs of our young women navigating through the ACT, SAT and other standardized tests. Our Counseling Department is further supported by a therapy dog, Hank, who is on-site regularly to provide animal-assisted intervention visits.

### Academic Support

Our collaborative team includes two interventionists, a math specialist and a speech and language pathologist who empower students to enter the world after high school as prepared advocates who are well-versed in their learning needs and able to succeed on the path they choose.

EXCELLENCE  
IS IN THE  
NUMBERS

20  
AP® CLASSES

13  
College Credit Plus  
Classes on Campus

27  
HONORS  
CLASSES



# FAITH AND SERVICE

# Deepening our Catholic Identity

Spiritual growth, service experiences and Christian leadership come alive with the guidance of our Campus Ministry team. We express our strong Catholic identity in a three-faceted approach to spiritual development:



Students play integral roles in planning liturgies and leading prayer, serving as peer leaders on retreats and reaching out to the larger community through acts of service.

**RETREAT  
OPPORTUNITIES  
AT EVERY  
GRADE LEVEL**







**100%**  
OF OUR SERVICE  
PROGRAMS, EVENTS  
AND ACTIVITIES ARE  
STUDENT-LED

**20+**  
SERVICE  
PROGRAMS  
OFFERED

## SERVICE, JUSTICE AND PEACE

### Multicultural Ministry

Our Multicultural Ministry empowers members of our learning community to celebrate the uniqueness and inherent dignity of each person – created in God's image and likeness and worthy of respect.

### Community Service Program

Our Community Service program prepares students to put their faith into action and become servant-leaders through outreach to our sisters and brothers in need. Service experiences are connected to and processed through various classes, clubs and numerous after-school and weekend programs.

**4**  
CAMPUS  
MINISTERS

**DAILY  
SCRIPTURE  
SERVICE  
WITH COMMUNION**



### Hallmarks of a Notre Dame Learning Community

- We proclaim by our lives even more than by our words that God is good.
- We honor the dignity and sacredness of each person.
- We educate for and act on behalf of justice, peace and care for creation.
- We commit ourselves to community service.
- We embrace the gift of diversity.
- We create community among those with whom we work and with those whom we serve.
- We develop holistic learning communities which educate for life.

## ATHLETICS

# A legacy of excellence



### Champions with Character

All Mount Notre Dame teams, coaches, athletes, and parents strive for an athletic program that builds strong and positive character, consistent with a strong foundation of Catholic values. Our athletic department is committed to providing our student athletes with an unmatched experience during their high school careers, with expert coaches who possess a motivational gift to bring out the best in our athletes. Our athletic program teaches students the value of teamwork and sportsmanship, strengthens school spirit and pride, sharpens athletic skills, and fosters enduring friendships.



OVER  
**50%**  
OF STUDENTS  
PARTICIPATE IN  
A SPORT

**#1**  
STUDENT FANS  
IN THE STATE

**30**  
STATE  
CHAMPIONSHIPS

**3**  
USA  
OLYMPIANS

**#1**  
ATHLETIC PROGRAM  
FOR GIRLS IN THE  
STATE OF OHIO

**13**  
VARSITY  
SPORTS





# THE ARTS

## Exploring your creativity

We are dedicated to fostering students' creative interests and are proud to offer an array of performing and visual arts opportunities.

- MND Theatre
- MND/Moeller Band
- Dance Team
- MND Choirs
- Visual Arts

Students have gone on to pursue a variety of careers as illustrators, photographers, actors, musicians and more.



# 4

**DEDICATED  
ART CLASSROOMS,  
INCLUDING A FULL  
CERAMICS STUDIO WITH  
KILNS AND A  
PHOTOGRAPHY  
DARKROOM**

# 4

**VISUAL ARTS  
TEACHERS**

# 5

**MND THEATRE  
PRODUCTIONS  
PERFORMED  
EACH YEAR**



## CLUBS & ORGANIZATIONS

# Countless opportunities to explore new things

OVER  
**30**  
CLUBS &  
ORGANIZATIONS

Our students are engaged and challenged in academics, athletics and the arts. We don't stop there! We also offer a robust student activities program that provides additional outlets for students to develop into confident leaders and pursue their interests.

### Academic Clubs and Societies:

- French Club
- National French Honor Society
- Latin Club
- Latin Honor Society
- Spanish Club
- National Spanish Honor Society
- MND Academic Team
- Mu Alpha Theta (Mathematics Honor Society)
- Model United Nations
- National Honor Society
- Rho Kappa (Social Studies Honor Society)

### Leadership Organizations:

- Student Government
- Ambassadors
- Peer Ministry

### Special Interest Clubs:

- Art Club
- Book Club
- Film Club
- Freshman Fans
- Girls Athletic Association
- Japanese Culture Club
- Science Club
- Ski Club
- Sources of Strength
- Writer's Café

### Campus Ministry Organizations:

- Adopt-A-Sis
- Earth Action Team
- Freshman After School Service Team
- Grace Group
- MND/Moeller LIFE
- Multicultural Student Union
- Respect for Life
- Service Board
- Worship Commission





## GLOBAL EXPERIENCES

# Become a student of the world

Our unique global experiences equip students with skills to navigate the world. As a Notre Dame Learning Community, we are connected to a vast network of schools around the globe and offer unparalleled global opportunities. Students may travel internationally for a variety of experiences including foreign language exchanges, cultural exchanges and service immersion trips.

Several of our co-curricular opportunities involve a global perspective, including the Multicultural Student Union and Model United Nations. These are additional avenues through which students can explore other cultures.



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COUNTRIES

El Salvador

Santiago, Chile

Zaragoza, Spain

Belfort, France

Niigata, Japan



COMMUNITY OF SUPPORT

# A sisterhood bound by shared experiences

Students who attend Mount Notre Dame become part of a distinguished legacy steeped in history, sisterhood and tradition. For over 160 years, young women have called MND home, with each student contributing to the unique fabric that creates the MND community.

## Province System

The MND Province System, named as a nod to the provincial structure of the Sisters of Notre Dame de Namur, serves to unite groups of students from all grade levels into a “province” with subsets of each province known as “communities.” Communities have replaced the traditional single-grade homeroom model and students remain in the same community for all four years. By blending grade levels into one community, we are fostering sisterhood and shared experiences between the four grade levels.







## TRADITIONS

### Roo-Ha

Our signature spirit event, Roo-Ha celebrates the spirit and joy of MND with students joining together in worship, community and friendly competition.



### Senior Dance Marathon

An overnight experience where the entire senior class learns a choreographed dance routine to be performed in front of the entire student body the following morning.



### GAA Nuns

MND's Girls Athletic Association is notorious for their epic-themed pep rallies. Members of this spirited club take charge in leading the MND student section during athletic games wearing their signature nun habits. No MND student section is complete without them!



### MND School Song

Our beloved school song has been sung by students for nearly 100 years. Significant MND events culminate with students linking arms and joyfully singing together - "To the glory of Mount Notre Dame!"

# MND All-Girl Advantage

We are experts in educating young women. There are no limitations to what our student leaders can accomplish. MND is a living example of the research which tells us young women who attend an all-girls school have greater self-confidence, higher expectations and are challenged to achieve more.

## Academic Achievement

**Tailored Curriculum:** All-Girl schools can design curriculums that cater specifically to the learning styles and interests of female students, improving engagement and performance (Hoffmann, Badgett, & Parker, 2020).

## Empowerment and Self-Esteem

**Supportive Environment:** A community focused on female empowerment helps students develop a strong sense of self-worth and resilience (Caldas & Bankston, 2019).

## Social Development:

**Close Friendships:** All-girls environments often foster close, supportive friendships, contributing to a positive school experience (Bouchard, 2019).

## Leadership Opportunities

**Greater Participation:** Girls in single-gender schools are more likely to participate in leadership roles, sports, and extracurricular activities, enhancing leadership skills (Sullivan, 2018).

## College Preparation:

**Higher College Acceptance Rates:** Some studies suggest that graduates of all-girls schools have higher college acceptance rates compared to their co-ed counterparts (Jackson, 2016).

## Alumnae Networks:

**Strong Networks:** Graduates of all-girls schools often benefit from a robust network of alumnae who can provide mentorship and career opportunities (Sullivan, 2018).

## Proven All-Girl School Facts:

- Greater Academic Engagement
- 43% Higher SAT Scores than in co-ed schools
- Greater Interest in Graduate School
- Higher Academic Self-Confidence
- Higher Confidence in Mathematical Ability and Computer Skills

From Greater Co-Curricular Involvement in College - researched by Dr. Linda J. Sax of UCLA



“Attending an all-girls school has truly helped my confidence. I feel more comfortable answering questions as my classmates are supportive and we work to build each other up.”

- Stephanie Waning  
MND Class of 2026

“An all-girls education is such an academic advantage for young ladies. It enables them to be innovative, creative and most importantly, leaders in their community. As a professor, I can always tell when I have a Mount Notre Dame student in my class because they always stand out as remarkable women.”

- Mrs. Laura Toomb  
Communications Department,  
University of Dayton



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