



MOUNT NOTRE DAME

Empowering Young Women

2026
Summer
Camp
Program

CLICK TO VIEW



ATHLETIC CAMPS

BASKETBALL

Grades 4 - 6, Girls

Session 1: June 15 & 16, 2026 | 12 PM - 2:30 PM
Cost: \$80

Grades 4 - 6, Girls

Session 2: June 17 & 18, 2026 | 12 PM - 2:30 PM
Cost: \$80

Grades 7 - 8, Girls

Session 1: June 15 & 16, 2026 | 3 PM - 5:30 PM
Cost: \$80

Grades 7 - 8, Girls

Session 2: June 17 & 18, 2026 | 3 PM - 5:30 PM
Cost: \$80

MND Basketball Camps are led by MND's coaching staff and MND student athletes. Basic skills such as shooting, passing, ball handling, footwork and defense will be covered daily. Team defense and offense will also be taught at camp. MND shares a rich tradition of basketball excellence. Our success is due to our tradition of faith, family, great coaches and committed players. All campers will receive a camp T-shirt.

Contact:

Mr. Drew Fladung, Head Varsity Coach | drew.fladung@gmail.com

INCOMING FRESHMAN BASKETBALL

MND Class of 2030

June 8 & 9, 2026 | 6 PM - 8 PM
Cost: \$35

The Incoming Freshman Basketball Camp is designed for incoming freshmen (MND Class of 2030) who are interested in playing basketball in high school. Participants will learn skills, techniques and strategies needed to be successful at the high school level. This camp is led by MND's coaching staff and MND student athletes. MND shares a rich tradition of basketball excellence. Our success is due to our tradition of faith, family, great coaches and committed players.

Contact:

Mr. Drew Fladung, Head Varsity Coach | drew.fladung@gmail.com

ATHLETIC CAMPS

CROSS COUNTRY

Grades 6 - 8, Girls

July 14 - 17, 2026 | 7 AM - 9 AM

Cost: \$75

Meet on MND Field

MND's Cross Country Program is hosting a youth camp for girls entering grades 6 - 8. Participants will meet on MND's field and take full advantage of Reading's many neighborhoods and parks located near the MND campus. The camp will be led by Head Coach Dr. Jeff Johnson, his assistant coaches, and current and former MND cross country runners. The camp will help girls improve their physical and mental approach to running while making sure they remember that sports should be fun. Campers should wear running clothes, running shoes, a light jacket or sweatshirt, and bring a water bottle. All campers receive a T-shirt.

Contact:

Dr. Jeffrey Johnson, Head Coach | mnd.cc.ff@gmail.com

FIELD HOCKEY

Grades 5 - 8, Girls

June 16 - 18, 2026 | 9:30 AM - 11:30 AM

Cost: \$75

This camp is for girls entering grades 5 - 8 of all skill levels interested in field hockey. The MND Field Hockey coaching staff and student assistants will focus on the fundamentals and technical skills needed to progress to a competitive level. Skills include: dribbling, shooting, eliminating defenders, defense, scoring, and field vision. Athletes should bring shin guards (soccer shin guards are acceptable), mouth guard, and water. Sticks will be provided at the camp. All campers receive a T-shirt.

Contact:

Ms. Sarah Pisciotta, Head Varsity Coach | cougarsfh@gmail.com

ATHLETIC CAMPS

FLAG FOOTBALL

Grades 5 - 6, Girls

June 22 - 24, 2026 | 4 PM - 6 PM

Cost: \$60

Grades 7 - 9, Girls

June 22 - 24, 2026 | 6 PM - 8 PM

Cost: \$60

MND Flag Football Camp will introduce and refine fundamental skills, foster teamwork, and instill sportsmanship in a supportive and enjoyable environment. Whether you're new to the sport or a seasoned player, all are encouraged to participate! The camp will focus on teaching essential flag football techniques including passing, catching, running routes, flag-pulling, and defensive strategies. Through a series of engaging drills, exercises, and friendly scrimmages, campers will enhance their skills and gain a deeper understanding of the game. Campers are advised to bring a water bottle and to dress comfortably, including shorts, T-shirt, mouth guard, and either turf shoes or rubber cleats. All campers receive a T-shirt.

Contact:

Mr. Desmon Gault, Head Coach | dgault@mndhs.org

GOLF

Grades 7 - 9, Girls

June 8 - 10, 2026 | 10 AM - 12 PM

Cost: \$100

Meadow Links & Golf Academy

This camp will introduce girls to the fundamentals of golf in a supportive and encouraging environment, regardless of their skill level. Led by experienced coaches and MND golfers, this camp offers a blend of instruction, practice and fun activities. The camp includes professional instruction, skill development sessions, on-course experience, fun games, and new golf friends! Campers will need to bring their own golf clubs. All campers receive a T-shirt.

Contact:

Mr. Don Minning, Head Varsity Coach | minnow@fuse.net

ATHLETIC CAMPS

LACROSSE

Grades 4 - 9, Girls

June 15 - 17, 2026 | 5 PM - 6:30 PM

Cost: \$65

This camp is for girls entering grades 4 – 9 of all skill levels interested in lacrosse. MND Head Coach Lauren Noyen, along with the lacrosse coaching staff and student assistants, will focus on the fundamentals and technical skills needed to progress to a competitive level. Skills include catching, throwing, ground balls, shooting, footwork, and improving lacrosse IQ. Included in the camp are fun activities and competitions each day. Participants should bring a lacrosse stick, lacrosse goggles, mouth guard, and water. All campers receive a T-shirt.

Contact:

Mrs. Lauren Noyen, Head Varsity Coach
wagnerlauren15@yahoo.com

SOCCER

Grades 3 - 5, Girls

June 8 - 11, 2026 | 9 AM - 11 AM

Cost: \$80

Grades 6 - 8, Girls

June 8 - 11, 2026 | 7 PM - 9 PM

Cost: \$80

This camp will take place on the MND field. It will provide girls the opportunity to improve their skills in a fun and challenging environment while being exposed to a high-level training environment with future classmates. Participants should wear cleats and shin guards and bring a pumped soccer ball and water bottle. All campers receive a T-shirt. Come out and see what it's like to be part of the MND Soccer Family! MND Soccer Camp is run by Head Varsity Coach Kiersten Roof, Varsity Assistant Coach Fallon Lane-David, JV Coach Robby Vollrath, and current MND players.

Contact:

Mrs. Kiersten Roof, Head Varsity Coach
mndwomenssoccer@gmail.com

ATHLETIC CAMPS

INCOMING FRESHMAN SOCCER

MND Class of 2030

June 15 - 18, 2026 | 7 PM - 9 PM

Cost: \$50

MND's Soccer Program is hosting camp for incoming MND freshmen (MND Class of 2030). This camp will take place on the MND field. This camp will provide incoming freshmen with opportunities to meet their teammates, improve their skills and prepare for the high school standards and expectations of the soccer program before conditioning begins. Participants should wear cleats and shin guards and bring a pumped soccer ball and water bottle. MND Soccer Camp is run by Head Varsity Coach, Kiersten Roof, Varsity Assistant Coach Fallon Lane-David, JV Coach Robby Vollrath, and current MND players.

Contact:

Mrs. Kiersten Roof, Head Varsity Coach

mndwomenssoccer@gmail.com

VOLLEYBALL (COMING SOON!)

Various Sessions, Grades 3 - 8, Girls

Dates/Times Coming Soon - Stay Tuned!

MND's Volleyball Program is hosting camps for girls led by MND coaches and players. Camps will teach fundamental skills of volleyball: passing, setting, serving, blocking, attacking. Team offense and defense, including 4-2, 5-1, and 6-2 offenses and perimeter and setter-up defenses will be taught. Passing and serving competitions are held daily. Camps also includes fun activities such as themed "dress days" and Team Competition Day. All campers receive a T-shirt.

Contact:

Mr. Kevin Kepner, Asst. Athletic Director | kkepner@mndhs.org

ATHLETIC CAMPS

INCOMING FRESHMAN VOLLEYBALL (COMING SOON!)

Class of 2030

Dates/Time Coming Soon - Stay Tuned!

This camp is designed for incoming freshmen (MND's Class of 2030) who are interested in trying out for the MND Volleyball Team. This camp will focus on the fundamental skills and will prepare the athlete for the upcoming high school tryouts. Athletes will be challenged as they participate in high school level drills. It is a great experience prior to tryouts. MND coaching staff will lead the camp and will teach skills, techniques and strategies needed to be successful at the high school level. Campers should bring a water bottle.

Contact:

Mr. Kevin Kepner, Asst. Athletic Director | kkepner@mndhs.org

TENNIS (NEW FOR 2026!)

Grades 7 - 9, Girls

July 27 - July 31, 2026 | 8 AM - 10 AM

Cost: \$100

St. Xavier High School

This camp will introduce girls to the fundamentals of tennis in a supportive and encouraging environment, welcoming players of all skill levels. Led by experienced coaches and MND student-athletes, the camp offers a mix of instruction and fun games. Campers will enjoy coaching from MND's tennis coaches, skill-building drills, match play, tennis-themed activities, and the chance to make new tennis friends! Campers should bring their own tennis racquet. All campers receive a T-shirt.

Contact:

Mrs. Tami Kilgore, Head Varsity Coach | tkilgore@stxavier.org

SPECIAL INTEREST

ART ADVENTURES

Grades 3 - 6, Girls

June 8 - 11, 2026 | 9 AM - 12 PM

Cost: \$150

Art Adventures camp includes four days of painting, printing, and doing collage work. Campers will work with multiple media: paint, glue, collage materials, markers, crayons and pencils. This is a hands-on camp for girls entering grades 3 - 6. Wear clothing appropriate for creating, or bring an art shirt or apron if preferable. Please bring a snack and a water bottle. All campers receive a T-shirt.

Contact:

Mrs. Denise Scharf, Art Department | dscharf@mndhs.org

CHRISTMAS IN JULY (NEW FOR 2026!)

Grades 2 - 4, Girls

July 23 & 24, 2026 | 9 AM - 12 PM

Cost: \$60

Beat the heat by experiencing the magic of the holidays in July! Campers will enjoy fun Christmas-themed activities—all with a warm-weather twist. Join us for cheer, creativity, and jolly summertime fun! All campers receive a T-shirt.

Contact:

Mrs. Carrie Rieth, Counseling Department | crieth@mndhs.org

DANCE (NEW GRADE LEVELS!)

Grades K - 3, Girls

July 20 - 24, 2026 | 9 AM - 12 PM

Cost: \$150

Grades 4 - 8, Girls

July 20 - 24, 2026 | 1 PM - 4 PM

Cost: \$150

Grades K - 3: Dancers will learn dance technique and three routines in the styles of pom, hip hop, and jazz. Fun themes and games will be incorporated into each day of the camp. All campers receive a T-shirt. The camp will include a performance in the MND Gym on July 24 at 11 AM.

Grades 4 - 8: Dancers will work on technique and challenging routines in the styles of pom, jazz, and hip hop. Themes and other fun activities will be incorporated into each day of camp. All campers receive a T-shirt. The camp will include a performance in the MND Gym on July 24 at 3 PM.

Contact:

Lauren Hawkins Crook, Varsity Dance Coach | lcrook@mndhs.org

SPECIAL INTEREST

DUNGEONS & DRAGONS AND YOU!

Grades 6 - 8, Girls

June 8 - 11, 2026 | 1 PM - 4 PM

Cost: \$130

Embark on an epic adventure where your imagination is the only limit! At this Dungeons & Dragons camp, you'll create unique characters, solve mind-bending puzzles, and face thrilling quests alongside your team. Whether you play D&D regularly or are just curious, this camp will be packed with fun and excitement. Roll the dice, shape your destiny, and let the adventure begin! All campers receive a T-shirt.

Contact:

Dr. Dave McAvoy, English Department | dmcavoy@mndhs.org

FUTURE AUTHORS & STORYTELLERS

Grades 5 - 8, Girls

July 13 - 16, 2026 | 9 AM - 12 PM

Cost: \$140

Calling all young writers and storytellers! Are you ready to dive into a world of creativity, where your ideas take flight? At this fun-filled camp, you will explore the magic of words by writing poems, crafting short stories, and bringing characters to life in a play. Throughout the week, you'll develop your unique voice, share your stories, and, by the end of camp, create your very own hand-sewn chapbook to keep as a treasure. Get ready for a week of fun, friendship, and creativity—where your imagination is the only limit! All campers receive a T-shirt.

Contact:

Dr. Kristina Brodbeck, English Department | kbrodbeck@mndhs.org

IN MY MND ERA

Grades 5 - 8, Girls

June 15 - 18, 2026 | 10 AM - 12 PM

Cost: \$135

Come hang out with future cougars in their MND Era! Get ready for some fun summer days packed with creativity, community, and fun! This memorable week will be filled with exciting activities that will spark your imagination, help you make lasting memories, and even make a difference in the community!

Each day will have a fun and creative activity to enjoy. You will make everything from clay pots to photo holders, friendship bracelets and bedazzled sunglasses! You will also do some creative writing together and participate in a fun community service activity! We cannot wait to meet you! All campers receive a T-shirt.

Contact:

Mrs. Carrie Rieth, School Counselor | crieth@mndhs.org

SPECIAL INTEREST

MAGIC SCHOOL (NEW FOR 2026!)

Grades 5 - 8, Girls

July 27 - 31, 2026 | 9:30 AM - 12:30 PM

Cost: \$160

Step into a world of imagination at Magic School! This creative camp invites students to design and decorate their own magic wands, create spellbooks, mix colorful “elixirs”, build herbology terrariums, and design magical maps of our school. Campers will also enjoy themed games—including a muggle-friendly version of broomstick sports—and celebrate a special midsummer wizard birthday on July 31. Perfect for fans of fantasy, creativity, and hands-on magical fun! All campers receive a T-shirt.

Contact:

Dr. Kristina Brodbeck, English Department | kbrodbeck@mndhs.org

MODEL UNITED NATIONS (NEW FOR 2026!)

Grades 6 - 8, Girls

June 8 - 10, 2026 | 9:00 AM - 12 PM

Cost: \$100

Get ready to step into the shoes of a world leader at Model UN at MND! In this camp, you’ll debate real-world issues, form alliances, and craft solutions to global challenges—just like delegates at the United Nations. Along the way, you’ll sharpen your public speaking, negotiation, and leadership skills while meeting new friends who love to think big and make a difference. Whether you’re new to Model UN or already a seasoned delegate, this camp is your chance to experience the excitement of international diplomacy in action! All campers receive a T-shirt.

Contact:

Dr. Dave McAvoy, English Department | dmcavoy@mndhs.org

Mr. Bill Hughes, Social Studies Department | bhughes@mndhs.org

PRINTMAKING (NEW FOR 2026!)

Grades 7 - 8, Girls

July 13 - 16, 2026 | 9 AM - 12 PM

Cost: \$150

Explore a variety of printmaking techniques, including monotypes, relief prints, and screen printing. Students will design and print their own custom T-shirt while learning foundational printmaking processes. Bring the fabric item of your choice to print a design onto, such as a canvas tote, t-shirt, etc. More details and examples given the first day of camp. All campers receive a T-shirt.

Contact:

Mrs. Jill McQuinn, Visual Arts Department | jmcquinn@mndhs.org

SPECIAL INTEREST

SCIENCE OF SKINCARE (NEW FOR 2026!) A Hands-On Kitchen Chemistry Camp

Grades 6 - 8, Girls

June 8 - 10, 2026 | 9 AM - 12 PM

Cost: \$150

Science of Skincare is a hands-on STEM summer camp that explores the biology and chemistry of human skin and everyday skincare products. Through interactive lessons and safe, kitchen-based laboratory activities, students will investigate skin structure, pH, emulsions, UV protection, and product formulation. Each day includes a related "kitchen chemistry" lab where students design and create simple skincare products while learning to evaluate ingredients and marketing claims using scientific reasoning. All campers receive a T-shirt.

Contact:

Ms. Mary Beth Seither, Science Department | mseither@mndhs.org

SHOW CHOIR

Grades 6 - 8, Girls

July 13 - July 16, 2026 | 9 AM - 12 PM

Cost: \$100

This camp is an introduction to Show Choir. Campers will put together a short show, singing and dancing, to present to guests on Thursday, July 16. MND Show Choir members will teach choreography and vocal parts. All campers receive a T-shirt.

Contact:

Mrs. Elizabeth Venia, Performing Arts Department | evenia@mndhs.org

STUDIO ART (NEW FOR 2026!)

Grades 7 - 8, Girls

June 9 - 11, 2026 | 1 PM - 3:30 PM

Cost: \$135

Designed for students with a strong interest in visual art, this camp focuses on printmaking, painting, and drawing through three completed works. Emphasis is placed on technique, process, and fine art practices over craft-based activities. All campers receive a T-shirt.

Contact:

Mrs. Denise Scharf, Visual Arts Department | dscharf@mndhs.org

SPECIAL INTEREST

SUGAR & SPRINKLES (NEW FOR 2026!)

Grades 4 - 6, Girls

June 29 - July 2, 2026 | 1 PM - 4 PM

Cost: \$150

Campers will prepare no-bake desserts and learn cookie and cupcake decorating techniques while exploring creativity in a fun, supervised kitchen setting. All campers will receive a T-shirt and a small kit of decorating tools at the end of camp.

Contact:

Ms. Melissa Capella, Campus Ministry | mcapella@mndhs.org

SUMMER SERVICE CLUB (NEW FOR 2026!)

Grades 5 - 8, Girls

July 20 - 24, 2026 | 9 AM - 12 PM

Cost: \$100

Make a difference this summer! Campers will participate in on-campus service projects at MND and a special off-campus service event with a parent/guardian on July 24 from 9 AM - 12 PM. This program encourages teamwork, community engagement, and meaningful volunteer experiences for young leaders. All campers will receive a T-shirt.

Contact:

Ms. Melissa Capella, Campus Ministry | mcapella@mndhs.org

SPECIAL INTEREST

THEATRE

Grades 3 - 5, Co-Ed

June 8 - 12, 2026 | 9 AM - 3 PM (M-Th), Noon - 9 PM (Fri)

Cost: \$175

Grades 6 - 8, Co-Ed

Session 1: June 15 - 18, 2026 | 9 AM - 5 PM (M-W), 11 AM - 9 PM (Th)

Cost: \$175

Grades 6 - 8, Co-Ed

Session 2: June 22 - 26, 2026 | 9 AM - 3 PM (M-Th), Noon - 9 PM (Fri)

Cost: \$175

MND Theatre Kids Camp is a summer intensive program designed to give young creatives an opportunity to work with other performers to achieve a collective goal! Students will rehearse throughout the week learning music, dialogue, and choreography in just a few days with the reward of performing a full show on the final evening of the camp! It's a wonderful opportunity to meet new friends, have fun, and be fully immersed in the fantastic world of theatre. The camp is directed, choreographed and instructed by current MNDT students! The final day of camp, students will be provided with a pizza lunch prior to their evening performances at 6 PM and 7:30 PM in the MND Performing Arts Center. Campers will receive a water bottle and T-shirt.

Contact:

Mrs. Tommi Lea Harsch Herre '09, MNDT Artistic Director
there@mndhs.org

Grades 3 - 5



Grades 6 - 8



SPECIAL INTEREST

HSPT PREP COURSE

Grade 8, Girls

Cost: \$165

Six Summer Course Options:

July 27 - 30, 2026 | 8:30 AM - 10:30 AM (M-W) & 9 AM - 12 PM (Th)

July 27 - 30, 2026 | 11 AM - 1 PM (M-W) & 9 AM - 12 PM (Th)

July 27 - 30, 2026 | 1:30 PM - 3:30 PM (M-W) & 9 AM - 12 PM (Th)

August 3 - 6, 2026 | 8:30 AM - 10:30 AM (M-W) & 9 AM - 12 PM (Th)

August 3 - 6, 2026 | 11 AM - 1 PM (M-W) & 9 AM - 12 PM (Th)

August 3 - 6, 2026 | 1:30 PM - 3:30 PM (M-W) & 9 AM - 12 PM (Th)

One Fall Course Option (Wednesday afternoons):

Sept. 16, 23, 30 | 4 PM - 6 PM

Oct. 3 (practice test) | 9 AM - 12 PM

Two of MND's stellar faculty will teach eighth-grade girls to be more confident and prepared for the High School Placement Test (HSPT). During the four-day collaborative course, students will review the test design, learn general standardized test-taking strategies, and explore the test content in an interactive, energetic classroom environment. Following three days of instruction, students will take a full-length graded practice test on the fourth day. Students and parents will receive daily updates, and an analysis of practice test results will be provided after the test has been scored. Students must bring a smartphone or Wi-Fi-enabled tablet/computer. Fee includes the textbook and MND spirit gear. Camps also include a FREE Refresher Course on Monday, Nov. 16, 2026, from 4 - 6 PM (available to any student who completes an HSPT Prep Class at MND).

HSPT Registration: Create your MyMND Account to register:

<https://mndhs.myschoolapp.com/app/embed#inquiry/50146>

Contact:

Mrs. Jennifer Gallo, Database & Software Manager

jgallo@mndhs.org | 513.821.3044 x142

SPECIAL INTEREST

LEARN AND LEAD

MND Class of 2030

June 16 - 17, 2026 | 12:30 PM - 4 PM

July 21 - 22, 2026 | 12:30 PM - 4 PM

July 28 - 29, 2026 | 8 AM - 11:30 AM

July 28 - 29, 2026 | 12:30 PM - 4 PM

Cost: \$125

New students in the MND Class of 2030 and transfer students will develop high school learning skills that will introduce them to academic tools for success. These strategies and skills will place an emphasis on personal leadership and empowerment for learning which can be integrated into student activities and service at MND.

Participants can expect this to be engaging, collaborative, and interactive with time to work in teams and meet other new MND students. Due to the nature of the course, camp size is limited to allow for strong personal connections between students and presenters. Snacks and drinks will be provided.

Contact:

Mrs. Melanie Heldman, Science Dept./Spirit & Student Activities
mheldman@mdhs.org

SUMMER CAMP REFUND POLICY

In the event that MND must cancel a camp, all participants will be notified and issued a full refund. Should you need to cancel your camp reservation for any reason, a \$25 processing fee will be assessed if the cancellation takes place more than 21 days from the camp start date. There will be no refunds for cancellations made within 21 days of the first day of camp. Please contact Mia Lynd (mlynd@mdhs.org) to begin the cancellation process.

See You This
SUMMER!



MOUNT NOTRE DAME

Empowering Young Women