



A PLACE
TO BE

you



MOUNT NOTRE DAME

Empowering Young Women



Our Mission

Guided by the Catholic faith and Saint Julie Billiart's belief in the "goodness of God", Mount Notre Dame educates and empowers young women to recognize and develop their unique capabilities to learn, live, lead and serve.

a place to celebrate tradition



Hallmarks of a Notre Dame Learning Community

- We proclaim by our lives even more than by our words that God is good.
- We honor the dignity and sacredness of each person.
- We educate for and act on behalf of justice and peace in the world.
- We commit ourselves to community service.
- We embrace the gift of diversity.
- We create community among those with whom we work and with those whom we serve.
- We develop holistic learning communities which educate for life.

Our History

Established in 1860 by the Sisters of Notre Dame de Namur, Mount Notre Dame is one of Cincinnati's oldest all-female Catholic schools. St. Julie Billiart, one of the foundresses of the order, is known for saying "How Good is the Good God!" This goodness is celebrated every day in the MND school community. It is seen in the interactions among the students, faculty and staff and is an obvious presence throughout the hallways. An MND student exudes joy in knowing that "God is good." MND belongs to the worldwide Notre Dame Learning Community with 124 schools across five continents. Learn more about the Sisters of Notre Dame de Namur and MND history at www.mndhs.org/about/history.

Celebrating the All Girl School Advantage

Girls take center stage at Mount Notre Dame. There are no limitations as to what our student leaders can accomplish. MND is a living example of the research which tells us young women who attend an all-girls school have greater self-confidence, higher expectations and are challenged to achieve more.*





a place to learn

MND provides a college-preparatory learning environment with an average class size of 19 students. Led by a talented faculty, each student is challenged by a rigorous academic curriculum, including 26 Honors courses, 20 Advanced Placement (AP) courses and numerous on-campus College Credit Plus (CCP) courses. Instruction is enhanced through collegiate-style **Block Scheduling** and the **One-to-One Tablet PC Program** that supports a variety of learning styles.

Each student forms a four-year relationship with her school counselor who helps her select courses, explore colleges and careers and transition through the high school years.

Student support is provided by four school counselors, a health and wellness counselor, a testing coordinator, teachers and faculty. Additional assistance is available through our Intervention Department faculty. This team serves as a valuable resource to students, parents and teachers in implementing the student's educational plan.

Academic Intervention Department members include:

- Interventionists
- Mathematics Specialist
- Speech and Language Pathologist

MY ACTION PLAN (MAP)

Mount Notre Dame is committed to helping each student reach her potential. Our unique four-year My Action Plan (MAP) Program challenges each student to develop her individual capabilities to learn, live, lead and serve. A staff member MAP guide welcomes each freshman into the community, assists her in the transition to high school and invites her to begin her path to empowerment. The MAP Program includes cross-curricular activities in the sophomore year, leadership opportunities in the junior year and culminates in a senior year Capstone Project.

Each year every student also creates and reviews academic, spiritual and personal goals. Goalsetting is a collaborative effort involving the student, faculty, MAP guide and counselor.



"The block schedule is easy and quick to adjust to, and the tablet is ultimately one of the best things about MND. It helps me with everything. I can take good notes, write emails, and access resources in the blink of an eye."

– Emily Brisben '21





Prayer is woven into every school day at MND. Each student also participates in religion classes, faith sharing, monthly school masses and prayer services and an annual retreat. Daily scripture service with communion, opportunities to receive the sacrament of Reconciliation and time in prayer with the Blessed Sacrament provide additional faith-based experiences.

A student can put her faith into action by planning liturgies and leading prayer, serving as a peer leader on retreats and reaching out to the larger community through acts of service. Spiritual growth, service experiences and Christian leadership come alive with the guidance of our Campus Ministers for:

- Prayer and Liturgy
- Community Service
- Multicultural Engagement
- Retreats

a place to grow your faith

"From our morning chapel services, to opening prayer, to our religion classes and more, Jesus can be found anywhere and everywhere at MND. Having that faith connects you to everyone and provides another layer of comfort and community to our school."

– Riley Brown '22





"At MND, students are encouraged to grow in their faith, whether through worship, service, prayer, or in their everyday lives. We have the opportunity to discover what our faith means to us and develop a deeper connection with God and each other."

- Jennifer Harmon '22



The Mount Notre Dame Experience is not limited to the classroom. Each student discovers and pursues her passions through a variety of student activities. Catch the MND Spirit!

*a place to
discover*



"I love the spirit here at MND because it's like none other in the area and brings our school together in more ways than one. It is super easy to become involved in this spirit through multiple clubs or simply just attending the school pep-rallies. No matter which you choose, it will always be a fun time!"

– Ava Corsmo '21

Cougar Clubs

Adopt-A-Sis, Student Government,
Multicultural Student Union,
Respect for Life, Writer's Café....
and More

Immersion Experiences

Exchange programs abroad and
service-based trips closer to home

Academic Societies

National Honor Society, Rho Kappa,
Mu Alpha Theta and 3 Language
Societies

Performing Arts Programs

Dance Team, Jubilation Show Choir,
MND/Moeller Band, MND Theatre

Community Service

Night for the Fight, St. Vincent de Paul
Food Drive, Christmas Toy Shop,
Service Days.....and More

Athletic Program

FALL

Cross Country, Field Hockey, Golf, Soccer,
Tennis, Volleyball

WINTER

Basketball, Bowling, Swimming & Diving

SPRING

Lacrosse, Softball, Track & Field





a place to experience cultures

Global experience opportunities set MND apart from many other schools in the area. These opportunities teach students respect for all people, increase their worldview, and equip them with skills to navigate the world.



MULTICULTURAL STUDENT UNION (MSU)

Learn a little. Change a lot. Grow together. The MSU advocates for the multiculturalism of the MND community. Established upon the Hallmarks of the Sisters of Notre Dame de Namur, members of the MSU strive to spread knowledge, understanding, and acceptance of all cultures and ethnicities throughout the MND community, and provide a safe place for all people to come together in peace. MSU focuses on educating members on the differences within our own communities, building community among its members and providing activities and educational facts for the entire MND community.

STUDENT EXCHANGE PROGRAM

Mount Notre Dame collaborates with Catholic schools in Zaragoza, Spain, Belfort, France and Santiago, Chile. MND exchange students attend classes while living with an international family, and then host their Spanish, Chilean and French "sisters" here at home. This is an excellent way for a student to experience the language and be immersed in the culture of another country.

JAPANESE PROGRAM

Mount Notre Dame participates in a cultural exchange with the Sisters of Notre Dame de Namur affiliate school, Seishin Girls' High School, in Niigata, Japan. Students spend two weeks visiting cultural sites in Tokyo and Niigata, including temples, shrines, theme cafes and the Ghibli Museum. They also attend classes and learn about the Japanese educational system.



SERVICE LEARNING

Throughout the school year students can spend an extended weekend building relationships in Liberty, KY, Columbus, OH, or right here in Cincinnati. During the summer, longer versions of these same trips are available as well as an international trip to El Salvador. Service and cultural immersion experiences are explored annually to provide a variety of opportunities.

MODEL UNITED NATIONS PROGRAM

Students participating in Model United Nations cultivate an appreciation for the global community around them as they simulate an official UN conference. Acting as delegates from different countries, students debate a topic of world concern while representing their country's position. A peaceful resolution is reached through debate, negotiation, and compromise. Mount Notre Dame participates in local, national and international experiences, providing students the opportunity to discuss world affairs with high school students from around the world.

GLOBAL LEARNING TRIPS

Faculty members offer global opportunities for students during the summer. Such trips have taken students to adventures throughout the U.S. and Europe.



a place to be empowered

OUR VISION

Mount Notre Dame – an exceptional Catholic, college-preparatory high school – will be recognized for graduating young women who are empowered to transform the world.



THE CHARACTERISTICS OF AN MND EMPOWERED YOUNG WOMAN

- Lives by Gospel values to create a just world
- Possesses a solid sense of self
- Pursues life-long learning
- Leads while serving
- Values difference
- Communicates effectively
- Seeks and accepts challenges
- Solves problems by thinking critically
- Acts purposefully with integrity



19 AVERAGE
CLASS SIZE

26
HONORS
CLASSES

24

DIVISION 1 STATE
CHAMPIONSHIPS

MOUNT
NOTRE DAME

60 CLUBS,
SPORTS AND
ACTIVITIES

OVER **16** MILLION
DOLLARS
IN COLLEGE
SCHOLARSHIPS

20 ⁺CCP
AP
CLASSES OPPORTUNITIES

\$2,645,000

TOTAL AID AWARDED IN 2020-2021

You Are Our Future

At Mount Notre Dame, students inspire and motivate each other daily to be the best they can be. This special bond between students fosters a sisterhood that empowers each student with a strong sense of community. Together, with the support of family and friends, students are able to achieve great things. MND is the place to be YOU!



a place for sisterhood

"I like being at MND because of the atmosphere. Girls are able to be themselves."

– Heidi Keller '22

